Green Chili from Soup Cleanse Cookbook by Nicole Centendo

Ingredients

3 tablespoons olive oil, divided

1 small onion, diced

2 large cloves garlic, minced, divided

2 15 oz cans white beans, rinsed and drained

1 quart water

1 jalapeno pepper, seeded and chopped

1 teaspoon white wine vinegar

1/4 cup chopped fresh dill

1/4 cup chopped fresh flat leaf parsley

1/4 cup chopped fresh cilantro

1/4 cup chopped fresh basil

Instructions

- 1. In a medium pot over medium heat, warm 1 tablespoon of the oil. Cook the onion and half of the garlic, stirring frequently, for 5 minutes, or until the mixture is tender and translucent.
- 2. Stir in the beans and water. Increase the heat to high and bring to a boil. Reduce the healt to low and cook, uncovered, for 30 minutes, or until the water is reduced and the soup has thickened.
- 3. Meanwhile, in a food processor, puree the pepper, salt, vinegar, dill, parsley, cilantro, basil, the remaining garlic, and the remaining 2 tablespoons of oil.
- 4. Stir the herb mixture into the cooked beans just before serving.

Katie's Notes: Double the recipe if you want leftovers!