Black Bean Burrito Wraps

From Taste of Home

Ingredients

- 2 tablespoon canola oil
- 6 tablespoons chopped onion
- 6 tablespoons chopped green pepper
- 2 cans (30 ounces) black beans, rinsed and drained
- 4 flour tortillas (8 inches), warmed
- 1 cup shredded Mexican cheese blend
- 1 medium tomato, chopped
- 1 cup shredded lettuce

Optional toppings: Salsa, sour cream, minced fresh cilantro and cubed avocado

Instructions

- 1. In a nonstick skillet, heat oil over medium heat; saute onion and green pepper until tender. Stir in beans; heat through.
- 2. Spoon about 1/2 cup of vegetable mixture off-center on each tortilla. Sprinkle with the cheese, tomato and lettuce. Fold sides and ends over filling and roll up. Serve with optional toppings as desired.