

## **Egg Roll in a Bowl**

from "Come on Over" by Elizabeth Heiskell

(Serves 3-4)

### **Ingredients:**

1 pound bulk port, ground beef, or ground turkey

6 cups coleslaw mix or shredded cabbage

1 tablespoon finely chopped, peeled fresh ginger

4 cloves garlic, minced

1-tablespoon soy sauce

¼ cup plus 1 tablespoon chopped green onions, both white and green parts

1 tablespoon toasted sesame oil

¼ cup each chopped fresh cilantro, basil, and mint (optional)

### **Instructions:**

1. Heat a large skillet over medium heat; add the sausage and cook, stirring from time to time, until it's all crumbled, cooked through, and no longer pink. Do not drain.
2. Add the coleslaw, ginger, garlic, and soy sauce until the cabbage wilts a bit. Remove from heat.
3. Add the green onions, sesame oil, fresh herbs, if using. Mix well and serve, or pack in airtight lunch containers. Leftovers may be stored up to 4 days.