

Three Bean Salad

by Ginger (Elizabeth's mom)

½ pound fresh green beans, trimmed and cut into thirds

2 tea. Dijon mustard

2 Tbl. Sugar

¼ cup red wine vinegar

½ cup olive oil

1 can red kidney beans, rinsed and drained

1 can garbanzo beans, rinsed and drained

¼ cup chopped parsley

salt and freshly ground pepper to taste

Steam green beans for five minutes until bright green and still a little crunchy, then rinse under COLD water, let drain.

In large bowl, combine mustard, sugar and vinegar. Whisk until sugar is dissolved, then whisk in the olive oil.

Add kidney beans, garbanzo beans, green beans and parsley and toss to coat.

Season with salt and pepper.