Best-Ever Blueberry Muffins

From Betty Crocker

1 3/4 cups all-purpose flour
1/4 cup sugar
2 1/2 tsp baking powder
3/4 tsp salt
1 well-beaten egg
3/4 cup milk
1/3 cup melted shortening
1 cup fresh blueberries

Sift dry ingredients into bowl; make well in center. Combine egg, milk, and oil. Add all at once to dry ingredients. Stir quickly just till dry ingredients are moistened. Carefully fold in blueberries. Fill greased muffin pans 2/3 full. Bake at 400 degrees about 25 minutes. Makes 12.